



2022-2023 CATCH CALENDAR

2022-2023 Key Dates	Phase/Event	Detail
Sept. 24 - Dec.17	Fall Strength and Development Phase	2-3 Practices per week/ Strength and Speed Workouts. Occasional Tournaments and Game play.
September 24	First Fall Workout - All Teams	@Whittier Christian HS
Sept. 24 - Oct.6	Program Wide - All Teams Practice	Program wide strength and baseball development @Whittier Christian HS
October 1	Media Day / Workout	Official Mug Shots / Fall Team Shots
Oct.10 - Dec.17	Individual Team Practices Start	12u/14u-Monday/Thursday/Saturday @WCHS 11u/13u- Tuesday/Thursday/Saturday @WCHS
October 29	Halloween Game/Breakfast	Costumes, Breakfast, Competition, FUN!!
November 22-27	Thanksgiving Break	Enjoy Family Time
Dec.19 - Jan.3	Winter Break	Enjoy Family Time
December 27-29	FCA Winter Camp	Optional Winter Camp
January- February	Spring Training Phase	Select Season Games and Practices
January 5	Practices Begin	12u/14u-Monday/Thursday/Saturday @WCHS 11u/13u- Tuesday/Thursday/Saturday @WCHS
January 8	First Scrimmages Back	@Whittier Christian HS
January 16 & 19	Scrimmages	@Whittier Christian HS
January 28 & 29	Tournament TBD	Location: TBD
February 20	President's Day Tournament	Location: TBD
March-May	Spring Season Phase	Select Season Games and Practices
March	Tournaments/Games	Location: TBD
April	Tournaments/Games	Location: TBD
April 21-24	Mission Trips	Multiple Mission Trips
May	Tournaments/Games	Location: TBD
May 29th	Memorial Day Tournament	Location: TBD
June-July	Summer Tournament Phase	Games & Scrimmage Dates TBD
June-July	Single Games	Location: TBD
June-July	Tournaments	Location: TBD
June 14-18	Omaha Tournament	Omaha, NE 11u, 13u, 14u
Mid July	Cooperstown Tournament	Cooperstown NY 12u
August	Rest Period	Enjoy Off-Time with Family. Vacation. Rest Arms.

Dates and Times Subject to Change